

# Wasatch County Seniors Newsletter

465 E 1200 S Heber City, Utah—Open M-F 8:30 am—4:00 pm—Phone: (435) 654-4920

## SENIOR CENTER CORPORATE BOARD 2019

- President: Dennis Allen
- Vice- Pres./ President/Elect: Perry Rose
- Past Pres.: LaRee Pedro
- Sec./Treas.: Marvin Rust
- Historian: Carroll Lee Hicken

DIRECTORS: John Besendorfer, Maxine Carlile, Betty Jones, Wayne White, Dee Akerley

## Senior Center Department

- *Center Director:*  
*Ashley Fish*
- *Food Services Manager:*  
*Cora Briggs*
- *Admin. Secretary:*  
*Tiffany Horrocks*
- *Activities Coordinator*  
*Candie Bonner*

## COUNTY ADVISORY BOARD 2019

- Chair: Jim Kohler
- Vice-Chair: Sidney Ellingford
- Secretary: Marcia Young

Regular Members: Steve Farrell (Cnty Cncl Rep.), Jim Kohler, Raneva Lemon, Bonnie Mathews, Rick Tatton, Marcia Young, Sidney Ellingford, Linda Middleton  
1<sup>st</sup> Alternate: Mary Johnson  
2<sup>nd</sup> Alternate: Betty Brandner

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## SPOTLIGHT

### Tiffany Horrocks

I was born in Murray, Utah January 22, 1979. I am the oldest of 2 brothers and 1 sister. When I was in eighth grade (January 1993) we moved to Heber City. My parents bought a house on Casperville Road in Charleston. I married Jared Horrocks October 5, 1996— we have been married now 22 years. We have 3 kids— Vanessa is 18 yrs old— she will be graduating this year and going to Utah State for the Veterinarian program. Raquel is 16 yrs old— she received her nail license at 14 and opened a nail business "Tips N Piggies" last year with her sister. She plans on continuing her education in Cosmetology. Trey is 11 yrs old— he is a master teaser and has a very inquisitive mind.

A few things about me ..... I enjoy taking photos of the outdoors. I am currently taking a photography class to increase my knowledge and skills. I enjoy traveling, family reunions, camping, riding horses, fishing, hunting, water skiing and other water sports, although I never learned how to swim. I enjoy scrapbooking but staying busy with everything else this has been put on the back burner for now. Above all spending time with my husband and kids is most important to me.



My dad is Jerry Jensen his wife is Laura. They live in South Jordan. My mom is Carol (Cartwright) Golder her husband is Ray. They live in West Valley. My husband and his family are life time residents of Heber City. Jared's dad is Ronnie Horrocks. His mom is Ellen Bonner her husband is Chris. Jared's grandparents are LeRoy & Arlene Horrocks and Annette Young— which many of you know. Between both of our families I have a total of 5 sisters, 7 brothers (plus 7 spouses), 7 nieces and 9 nephews (plus 1 due in July).

## *From the Director's Desk . . . . . (April 2019)*

Regularly, we have folks visiting the Senior Center for the first time who ask us, "What do you offer here for seniors?"

Our answers are usually something like . . . . .

1. We are a *resource, activity and social* center. **We are not a "care" center.**
2. We offer not only a variety of activities and group socialization, but we also provide complimentary transportation to our Tuesday and Thursday noon-time congregate meals (for those who might need such service).
3. Our meals are prepared daily right here in our own Kitchen. (Special "Luncheons" with FREE entertainment are routine.) Out of this same Kitchen are "meals-on-wheels" prepared and delivered for those who qualify for that wonderful program.
4. We offer:
  - Monthly Book Club (3<sup>rd</sup> Thursday morning.)
  - FREE weekly "Evenings of Music" (Monday nights at 7 p.m.)
  - FREE weekly chair yoga (Monday) and regular chair exercise (Tuesday) classes.
  - FREE Weekly Chess Club (Tuesday) at 11 a.m.
  - FREE Daily Billiards – on one's own or at 1 p.m. -- as a group.
  - FREE weekly (Thursday) Piano lessons.
  - FREE annual aid for Income Tax preparation – offered by AARP.
  - A FREE monthly "exchange" table.
  - Weekly (Thursday) Bingo Hour.
  - FREE Ceramics classes.
  - FREE use of the Crafts Center.
  - Access to handmade "handwork" items donated to The Boutique. (Proceeds go to our Senior Center activities and events.)
  - Day Trips to the SLC and Provo, Utah areas, and elsewhere. Many are FREE.
  - FREE Scenic Rides.
  - A regular "Ladies Luncheon" and "Men's Breakfast Club".
  - A potpourri of activities, concerts, shows and visits to museums and other places of interest.
  - Access to local travel companies who host national and international trips for our seniors.
  - For those who wish to come and just relax or "work out" alone in the Fitness Center, he/she can do that, too. J
  - The list goes on, and on, and on. . . . .

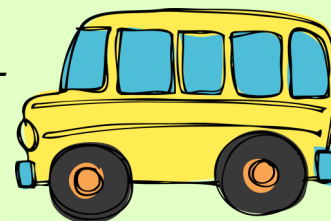
As you can see, when a visitor leaves here, he/she should know that there's lots to do. It's one's choice.

## **Fraud Alert for Medicare Recipients with Diabetes**

Criminals who plot to defraud Medicare have a new target: people with diabetes. Although the precise method may vary, the scheme generally involves a caller pretending to be from the Government, a diabetes association, or even Medicare. The caller offers "free" diabetic supplies, such as glucose meters, diabetic test strips, or lancets. The call is a scam. If you receive such a call, Senior Medicare Patrol (SMP) at 801-229-3819 or visit [www.stopmedicarefraud.org](http://www.stopmedicarefraud.org) for more information on how you can stop Medicare fraud.

## TRIPS & TOURS

*To register call Candie @ 435-654-4920 (by the deadline) or sign up & pay at Senior Center. Payments must be made at time of signing up. Current paid members will receive first consideration if space is limited. In the event a trip time/ date needs to change we will let you know ASAP. Tickets & activities are non-refundable unless noted otherwise.*



**\*NOTE: Unless otherwise noted you will be responsible to pay for your own meals while on day trips and/or tours.**

*For costs and information on longer Bus Tours, Cruises, & International trips, check the Travel Table at the Senior Center.*

<b>Date:</b>	<b>Registration Deadline:</b>	<b>Cost:</b>	<b>Details:</b>
EVERY MONDAY IN APRIL @ 11:00 AM 1ST, 8TH, 15TH, 22ND & 29TH	_____	\$2 Each Class OR \$5 Entire Month	<b>Chair Yoga: at Senior Center</b> This Yoga class is taught using a chair as a prop. Just like a traditional Yoga class it will begin with centering and breathe work. Students are introduced to Yoga using the chair as an aide in all standing postures and balance. Ideal for beginners and individuals with limited range of motion. 11:00 AM Sharp at Senior Center
Monday, April 1st	Closed	\$5	<b>Provo Pioneer Village: Provo</b> Come celebrate the 168th anniversary of the founding of Provo! Pioneer Village contains the original structures, including the Turner Cabin, the Haws Cabin, the Loveless Home, a granary, school, woodshop, corn crib, and out-house. 6:00 PM Presentation, "Early boating on Utah Lake" Bus will leave Center at 4:00 PM. Dinner TBD.
Saturday, April 6th	Closed	\$18	<b>Ballet West II: DeJoria Center, Kamas</b> Ballet West II Will be performing a mixed bill of time-honored classical routines and bold new works that will showcase the troupes impressive and diverse talents. The repertoire includes: Divertimento, Laden, Don Quixote Pas de Deux Swan Lane Pas de Trois, and Untitled Bus to leave Center at 5:45 PM
Monday, April 8th	April, 5th	No Charge W/ Sign Up	<b>Movie Monday &amp; Pizza: Senior Center</b> Join us for Pizza & Movie! Movie "Batteries Not Included". Meet at Senior Center 12:00 PM OR after Chair Yoga!
Wednesday, April 10th	April, 4th	\$7	<b>Tracy Aviary: Liberty Park, SLC</b> Liberty Park's 8-acre aviary offers exhibits, shows & encounters where guests can view & feed birds. The oldest Aviary in the nation and accredited by the Association of Zoos and Aquariums. Over 400 birds represent over 135 different species in a tranquil wooded setting. Lunch one one's own at their Café' Bus to leave Center at 9:00 AM
Monday, April 15th	Closed	\$20	<b>Tulip Festival: Thanksgiving Point, Lehi</b> Come enjoy 280,000 tulips in hundreds of varieties, all imported directly from Holland. The 15 themed gardens throughout Ashton Gardens highlight different displays sure to bring out plenty of oohs and aahs! This is one festival you'll want to have a camera handy for sure. Lunch at Thanksgiving Point, on one's own. Bus to leave Center at 8:45 AM
Tuesday, April 23rd	April 22th	No Charge	<b>Cooking for 1 or 2: at Senior Center</b> Are you eating out all the time? Not cooking at home because it's just too hard to cook for yourself? Learn to make easy, healthy, and nutritious meals in smaller portions! Class will be taught by Trisha from the UVU camps extension. Class starts at 1:00 PM at the Center.

## TRIPS & TOURS Continued.....



<b>Date:</b>	<b>Registration Deadline:</b>	<b>Cost:</b>	<b>Details:</b>
Wednesday, April 24th	April, 22nd	No Charge Lunch On One's Own	<b>Scenic Drive Of Heber Valley &amp; Lunch: Soldier Hollow</b> Join us for a scenic drive around our beautiful valley. Bring some money, we will be stopping for lunch at Solder Hollow Grill in Midway.
Friday April 26th	April, 23rd	One One's Own	<b>Men's Breakfast Club: Hub Café, Heber</b> Get together with the guys for a great breakfast at the Hub Café. We will meet at the Hub Café at 9:00 AM
Friday, May 3rd	Closed	\$90	<b>Shen Yun- at Val Browning Center: Ogden.</b> Travel back to the magical world of ancient China. Experience a lost culture through the incredible art of classical Chinese dance, and see legends come to life. Shen Yun has stunning costuming, high-tech back drops and an orchestra like no other. Be prepared for a theatrical experience that will take your breath away! Bring money for dinner at Chuck-A-Rama. Bus will leave Center at 12:00 PM
Monday, Tuesday, Wednesday May 6, 7, & 8th	April 1st, After April 1st, Add \$10	\$85 Shared Room (Per Person) \$115 Private Room	<b>Overnight trip to Mesquite Nevada!!</b> We will leave at 8:00 am on Monday, May 6th. 3 days, 2 nights to gamble, play Bingo, Keno, Bowl, swim and more. Cost Includes room, transportation (in luxury motor coach), and (1) boxed lunch. Ask front desk for more details
Friday, May 10th	May, 9th	\$5 Lunch One One's Own	<b>Golden Spike 150th Celebration: Brigham City</b> One of the most iconic and life-altering events in America's history – the completion of the Transcontinental Railroad – happened in Utah on May 10, 1869. Limited Seating. Bring a chair and wear good shoes. Bus to leave Center at 7:30 AM
Wednesday, May 15th	April, 2nd	\$10	<b>Butterfly Biosphere: Thanksgiving Point, Lehi</b> The Butterfly Biosphere is an experience unlike anything in the state of Utah! This 40,000 square foot venue is home to over a thousand butterflies from around the globe. In addition to dozens of species of butterflies, it also has 20 species of tarantulas, beetles as big as your fist, and many more creepy crawly friends. Lunch at Deli's Tower, one one's own. Bus to leave Center at 9:30 AM
Friday, May 17th	May, 17th	\$5 (Bus Fee) Lunch One One's Own	<b>Ladies Luncheon: Taggarts Grill, Morgan</b> Hey Ladies, join us for a beautiful drive into Weber Canyon to dine at the amazing Taggarts Grill. Bus to leave at 10:00 AM
Wednesday, May 22nd	May, 21st	No Charge Lunch One One's Own	<b>BYU Museum of Art: Provo</b> One of the largest and best-attended art museums in the Mountain West, the BYU Museum of Art offers a dynamic exhibition schedule that includes display of its permanent collection, workd-cass traveling shows and thought provoking exhibitions organized by museum curators. Bus to leave at 9:00 AM
Wednesday, May 29th	April, 25th	\$49	<b>Steel Magnolias: Hale Theatre, Sandy</b> A timeless classic! A simple story of lasting friendships and open hearts... Of seeing flaws and loving anyway. Neighborhood chats & uncommon common sense of laughter, good times, hard times and working it out and seeing it through. Be sure to eat before, we won't have time to stop. Bus to leave Center at 5:45 PM
Friday, July 19th	April, 30th	\$38	<b>Day Trip To Pickleville Playhouse: Bear Lake</b> Let's take a trip to Bear Lake and watch "Shootout at Shadow Mountain" at Pickleville Playhouse. We will be taking a boxed lunch to enjoy at a park and stopping for dinner ( one one's own ) in Evanston, WY. Bus to leave Center at 9:30 AM
Friday, September 13th	May, 14th	\$28 Lunch One One's Own	<b>Garden of Quilts: Thanksgiving Point, Lehi</b> You are invited to an event like none other. In partnership with Riley Blake Designs, Thanksgiving Point we are bringing to Utah oan outdoor exhibition of well over a thousand quilts. Set within the award-winning, 55 acre Ashton Gardens at Thanksgiving Point, the exhibition will feature a juried collection of quilts from artists across the country as well as rare access to view some stunning private collections—all on display for three days only. Bus will leave the center at 9:00 AM

# Activities, Programs & Events

## Miss Wasatch Royalty!



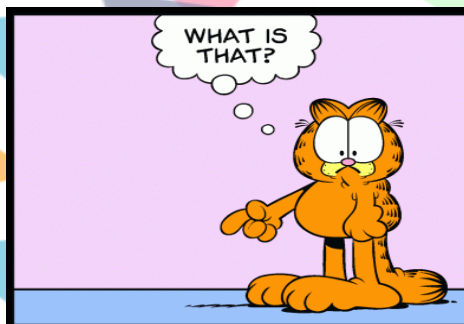
Legends Motorcycle Museum



## Monday Night's Fireside



# Senior Giggles



To all our Seniors...just a little info from the kitchen. Hippity, hoppity, hip, hop right into April. We've had a looonnnngggg winter so lets enjoy this refreshing clean weather.

We've had a blast in the past doing all the fun things here at the center, lets continue doing them. There are several outings planned by Candie Bonner, our Activities Coordinator. Make your reservation to go or do these activities. Fun, fun.

This month brings us: National Humor Month, International Guitar Month, Lawn and Garden Month, National Kite Month, National Poetry Month, National Pecan Month, National Welding Month, Records and Information Management Month, Stress Awareness Month and Sexual Assault Awareness Month.

Come and enjoy Easter Dinner with us on the 19<sup>th</sup>. It will be a fun time.

Remember to please drink your water. Until next time, take care...Cora Briggs



**WEEKDAYS**

#### EVERY WEEK DAY:

Billiards, Table Games, Computers, Chess, Checkers, Exercise Room, Reading, Puzzles

#### Mondays:

**7:00 pm: Fireside**

#### Tuesdays:

**10:30 am: Chair Exercise Class**

**11:00 am: Chess Club (April 9<sup>th</sup>, 23<sup>rd</sup>, & 30<sup>th</sup>)**

**1:00 pm: Table Games, Ceramics, Billiards**

#### Thursdays:

**9:00, 10:00 & 11:00 am: Piano Classes taught by Christy Ackerson. Call to schedule a class**

**801-864-6403**

**1:00 pm: Bingo, Ceramics, Billiards**

## **April Firesides**

**April 1st:** Music w/ Jared Rigby & Family

**April 8th:** Music w/ Natalie Johnson & Amy Andersen

**April 15th:** Country Music w/ "Aspen Gold" Band

**April 22nd:** Folk Music w/ The Johnson Creek Band

**April 29th:** Music & Fun w/ Cary Hobbs and Friends

## **SPECIAL LUNCH PROGRAMS**

**Tuesday, April 2nd:** Colleen Oshier of Wasatch County Health Department

**Thursday, April 4th:** Heather Hellbert- Audiologist

**Tuesday, April 9th:** "M&M's" Seniors Band

**Thursday, April 11th:** "Introduction to Localscapes"- Ashley Simmons of Central Utah Water

**Thursday, April 18th:** "Easter" Luncheon & "Name that Tune" by Raneva Lemon & Friends

**Tuesday, April 23rd:** "Gun Locks for Suicide Prevention" by Barbara Moore

**Thursday, April 25th:** Heber City Manager, Mat Brower & Police Chief, Dave Booth

**Tuesday, April 30th:** "In Cahoots" Country Music & Fun

When needing to ride on the Tuesdays and Thursdays "Lunch Bus", please call the Front Desk 435-654-4920 to make sure it's "running" that day. Note: There must be 4 or more RIDERS, each time, or the bus(es) don't run.



Jeanne	Hilton	1
Ellen	Peterson	1
Martha	Draayer	2
Joe	Rail	2
Brent	Montgomery	2
Jean	Hartshorn	3
Wayne	Probst	3
David	Carson	3
Carol	Huggard	4
Ann	Best	4
Jeannie	Davies	6
Inge Lis	Djorsing	6
Evva Lee	Young	6
Linda	Mecham	6
Peggy	Duke	8
Aaro	Alarotu	9
Wendall	Hall	10
Polly	Thomas	11
John	Lemon	11
Vicky	Roberts	11
Sharon	Jenkins	11
Violet	Smith	13
Shirley	Green	13
Allan	Bell	14
Betty J	Georgio	14
Ray	Fillmore	15
Allan	Kubota	15
Tom	Leyden	17
Jay	Hites	17
Beth	Knight	17
VerDawn	Nelson	17
Alicia	Ames	18
Lavon	Provost	18
Pat	Young	19
Ellen	Fischer	19
Niles	Halley	20
Christina	Berg	20
Cynthia	Gurule	21
Yvonne	Thompson	22
Jessie	Shirk	22
Marce	Provost	22
Glenna	Azlin	23
Timothy Charles	Martin	23
Doris	Mahoney	23
Merrill	Hall	23
Karen	Kolman	24
Connie	Shipman	24
Helen	VanWagoner	26
Joseph	Dunbeck	26
Brian	Bentley	27
Ronald	Crittenden	27
Clark	Riley	27
Geneva	Anderson	28
Cyd	Longo	30

## Birthday Cards = Free Lunch!

**Your Birthday Card will be mailed to you.**

\*Don't forget to make a reservation. Does not need to be used during your birthday month.



Find us on:  
**facebook**

Search for....  
**Wasatch Senior Citizens Center**

## CHUCK-A-RAMA

For just a \$1 donation to the Senior Center you get a "Senior Club" card which gives you 20% discount on meals at Chuck-A-Rama.

## Wasatch County Caregiver Support and Education

Support Group meets at 4:00 p.m., the 2nd Thursday of each month at the Wasatch Senior Center, 465 E 1200 S, Heber (435-654-4920)

# Obituaries

**William L (Bill) Berg**  
Born: September 14, 1931  
Died: February 20, 2019  
Married: Diane Price

**Jack Brand**  
Born: July 17, 1935  
Died: February 20, 2019  
Married: Elda Lee Mayoh

**Bernice Carlile Haueter**  
Born: May 14, 1923  
Died: February 27, 2019  
Married: Leo Haueter

**Grant B Clayburn**  
Born: September 14, 1929  
Died: March 2, 2019  
Married: Connie Jane Hoyle

**Mark Harvey McKee**  
Born: January 15, 1931  
Died: March 5, 2019  
Married: Jewell Perry

**Paul Neff Brown**  
Born: February 3, 1957  
Died: March 5, 2019  
Married: Mary Anderson

**Shanna Milliner VanWagoner**  
Born: August 1, 1934  
Died: March 6, 2019  
Married: (1) Merrill Keith Danner  
(2) Roger M Felt  
(3) Doyle VanWagoner

**Donald "Bud" Allen Knight**  
Born: October 21, 1926  
Died: March 7, 2019  
Married: Wilma Poulsen

**Kathy Ann Bowman Huggard**  
Born: November 15, 1959  
Died: March 8, 2019  
Married: (1) Wayne Broomhead (2) Craig Huggard

**Joyce Collard Anderson**  
Born: September 25, 1929  
Died: March 9, 2019  
Married: George E Anderson

**John Hartshorn**  
Born: December 8, 1935  
Died: March 10, 2019  
Married: Jean

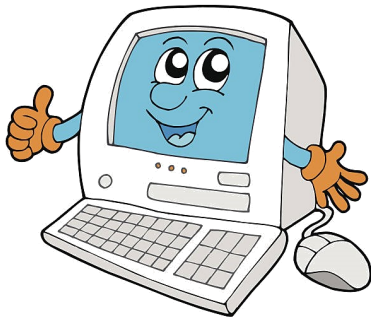
**Calvin "J" Probst**  
Born: November 21, 1926  
Died: March 13, 2019  
Married: Joan Hoover

**Barbara Hill**  
Born:  
Died: March 13, 2019  
Married: Michael Hill

**Brent Reuben Titcomb**  
Born: May 27, 1961  
Died: March 14, 2019  
Married: Julie Ann McPhie



## Free Basic Computer Skills Class



Classes will be every Tuesday starting  
April 2nd through May 7th at  
10:30 AM

To be held at the lab in the  
Library.

Instructed by Jim Kohler

For additional information  
and registration, please visit  
the Senior Center front desk.



**CHESS CLUB**

Tuesdays at 11:00 am come  
and be apart of the Chess Club.

**Novice through Master  
players needed.**

Contact: Steven Bowers  
435-222-8391

**FREE Piano classes on  
Thursdays at 9, 10 & 11 a.m.  
taught by  
Christy Ackerson  
For an appointment  
Call 801-864-6403**



## Benefits of Membership at County Senior Center:

Are you 55 or older?  
We need YOU at the Wasatch County Senior Center!  
Stop by for a tour.

\*Play and win Prizes at **Bingo**! \*Go places with us including  
**Concerts, Theatre, Museums, Sporting Events, and Many  
Other Trips/Activities!** \*At the Center we have **Billiards, Ce-  
ramics Class, Chair Exercise Classes, Piano Classes,  
Computers, Evenings of Music, Boutique, Monthly  
Newsletter, Free Lunch for your Birthday** and **MUCH  
MORE!**

**BOUTIQUE**

Looking for that special baby gift or  
handcrafted item?

Check out our *Boutique & Ceramic* display at the  
Senior Center **FIRST!** Baby quilts & wraps,  
potholders, dish cloths, scarves, hats, mittens, dolls,  
& variety of ceramics are just a few of the items on  
display.

Donations support weekly activities & special  
events. We have talented quilters, knitters,  
crocheters and crafters who donate their time &  
talents creating special one of a kind items. They  
are displayed in the lounge area.

*Items displayed are changed regularly as crafters  
complete their projects, so check it often!*

## Meals on Wheels

Do you or someone that you care about  
need meals delivered to your home? The  
Meals on Wheels program is designed for  
those who are over the age of 60 years and  
homebound (do not drive). For more infor-  
mation about the Meals on Wheels program  
call Tiffany at the Senior Center.  
435-654-4920

*HEAR YE, HEAR YE!!*

*Read All About it!*

Our Exchange Table has a NEW name. It is "Seniors  
Treasure Table". Everything is the SAME, except  
for the NAME!

Donate anything that's clean and useable, and take  
whatever Treasures you can use. Everything is  
**FREE** every month.

See you at our NEW "SENIORS TREASURE TABLE"!

**Tuesday, April 2nd & Thursday, April 4th**

Any questions call:

Lynn Allen 435-654-4252

## Chair Exercise Class Tuesday Mornings

10:30 A.M.

Room 157

Everyone can benefit from exercise regardless of age or fitness level. Come join us in learning exercises to improve your endurance, strength, balance and flexibility. All ability levels are welcome. The class is taught by Ginny Otteson and Alicia Ames



Ensure is a nutritional supplement available, with RX, at our front desk, at a "discounted" rate.

Flavors available:

**Chocolate**– **Strawberry**– **Butter Pecan**– **Vanilla**

## Would you like to learn how to make earrings/ necklaces in our craft center?

Contact Mary Johnson at 801-597-4033 to schedule an appointment.

# Come to Mesquite!

Monday, Tuesday, Wednesday, May 6, 7 & 8:

Two night trip to Mesquite Nevada!!



3 days 2 nights to have fun, play bingo, keno, bowl, swim, relax and more. \$85 per person for Transportation/ Double Occupancy Room or \$115 for Transportation/Single Occupancy Room. **SIGN UP AND PAY NOW.** Family & Friends over 21 yrs. are welcome to join us . Registration after April 1st add \$10.

Spring is here with occasional shower and even some snow! There is no seasonal limit to Medicare Fraud, so always be aware of scams. They can come from your phone, on your computer or through the mail. We are brought up to be polite, but fraudsters do not merit your courtesy. Don't be afraid to hang up. One of the scams going around is people calling and saying they are from Medicare or Social Security. They might say you need to call them to have your new Medicare card "activated" or that you received the wrong card and they need you to call to get your "new" Medicare number. All such calls are scams! **Never** give out your personal information over the phone to someone you do not know. Never click on emails from addresses unfamiliar to you, and check out ones that seem to be familiar. Always go straight to the source. Medicare and Social Security will never call you to get personal information from you. Remember to "Guard Your (Medicare) Card" as you would a credit card. It is your medical I.D.

The new qualifying amounts for the Low Income Subsidy/Extra Help have finally been announced. These programs help with co-pays, premiums and deductibles for your Part D insurance, and you might qualify for help with your Part B premium. The income limits to qualify are: \$18,735/year for individuals and \$25,365/year for a married couple living together. The asset limits are: \$14,390 for individuals and 28,720 for a married couple living together. They do not count your home, car or any life insurance policies as resources. If you think you might qualify, please contact Dawn Loper (SHIP Counselor) at MAG (formerly Mountainland Association of Governments) at 801-229-3819 for help with the application. Dawn comes to the Wasatch Senior Center the second Tuesday of every month to conduct counseling appointments. Please call for an appointment.

Dawn Loper– SHIP Medicare Counselor

801-229-3819 / [www.LoveYourLaterLife.org](http://www.LoveYourLaterLife.org)